

# Safer Space – Dancing rules

## 1. Respect your fellow dancers

Be respectful regardless of gender, sexual orientation, disability, religion, physical appearance, age, skin colour or dance ability.

## 2. It's okay to say NO!

**When giving or receiving a dance request, it is always okay to say « no » for any reason!** We are not obligated to dance with anyone.

If someone turns you down for a dance, it is not a rejection! Smile and seek another partner.

## 3. Mind your own and other people's bodies

Take responsibility to avoid accidents on the dancefloor. Be aware of the space around you.

Also, **communication** between you and your partner can clear up misunderstandings before they build!

Accidental swiping/ touching of sensitive body parts: **apologize.**

## 4. Hygiene.

Good hygiene will make the dance more comfortable for everyone involved and allows you to connect with others better.

You know your body. If you realize you sweat a lot while dancing, go to the bathroom and to refresh your body. Also consider bringing a t-shirt for changing the next time.

## 5. Personal care – ask for help.

Any kind of harassment (sexual or otherwise) will not be tolerated.

No one is allowed to cross your boundaries, regardless of who it is.

***Should you feel unwell or need help, please ask our awareness team!***